

## Runnymede Lunch Menu - Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Chicken in BBQ Sauce	Sausage in a White Bread Roll Hot-Dog	Pork Meatballs in a Tomato Sauce	Stir Fry Turkey and Vegetables	MSC Fish Fingers
<b>Vegetarian</b>	Macaroni Cheese	Vegetable Sausage Hot Dog	Quorn Balls in Tomato Sauce	Cheese and Tomato Pizza	Sweet Pepper and Aubergine Balti
<b>Sandwich Offer</b>	Ham Turkey Tuna Cheese <i>Contains wheat</i>	Ham Turkey Tuna Cheese <i>Contains wheat</i>	Ham Turkey Tuna Cheese <i>Contains wheat</i>	Ham Turkey Tuna Cheese <i>Contains Wheat</i>	Ham Turkey Tuna Cheese <i>Contains wheat</i>
<b>Carbohydrate</b>	Boiled Rice French Bread Broccoli	Saute Potatoes	Garlic Bread Pasta	Oven Baked Potatoes Boiled Rice	Chipped potatoes Boiled Rice
<b>Vegetables</b>	Broccoli	Sweetcorn	Farmhouse Vegetables	Spaghetti Hoops French Beans	Baked Beans
<b>Dessert</b>	Raspberry Ripple Mousse  Yoghurt Fresh Fruit	Jam Sponge and Custard  Yoghurt Fresh Fruit	Strawberry Cheesecake  Yoghurt Fresh Fruit	Chocolate Ripple Sponge and Chocolate Sauce  Yoghurt Fresh Fruit	Ice-Cream Pot  Yoghurt Fresh Fruit



## Runnymede Lunch Menu - Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Curried Beef	Battered Chicken Breast	Lamb Burger	Roast Pork Sage and Onion Stuffing	MSC Breaded Fish Fingers
<b>Vegetarian</b>	Vegetable Nuggets BBQ Sauce	Baked Croissant filled with Cheese	Pasta with Tomato Sauce	Yorkshire Pudding filled with Baked Beans and Topped with Cheddar Cheese	Spiced Falafel with Yoghurt and Pitta Bread
<b>Sandwich Offer</b>	Ham Turkey Tuna Cheese <i>Contains wheat</i>	Ham Turkey Tuna Cheese <i>Contains wheat</i>	Ham Turkey Tuna Cheese <i>Contains wheat</i>	Ham Turkey Tuna Cheese <i>Contains wheat</i>	Ham Turkey Tuna Cheese <i>Contains wheat</i>
<b>Carbohydrate</b>	Noodles Boiled Rice	Saute Potatoes	Garlic Bread Croquette Potatoes	Roasted Potatoes	Chips
<b>Vegetables</b>	Sweetcorn	Spaghetti Hoops	Garden Peas	Savoy Cabbage	Baked Beans
<b>Dessert</b>	Baked Syrup Sponge Custard  Yoghurt Bar Fresh Fruit	Fruity Flap Jack  Yoghurt Bar Fresh Fruit	Blackcurrant Jelly  Yoghurt Bar Fresh Fruit	Chocolate Sponge Choc Sauce Yoghurt Bar Fresh Fruit	Rice Pudding Jam Sauce Yoghurt Bar Fresh Fruit



## Runnymede Nursery Lunch Menu - Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Chicken in BBQ Sauce	Sausage in a White Roll	Pork Meatballs in a Tomato Sauce and Pasta	Cheese And Tomato Pizza	MSC Fish Fingers
<b>Carbohydrate</b>	Boiled Rice	Sauté Potatoes	Garlic Bread	Oven Baked Potatoes	Chipped potatoes
<b>Vegetables</b>	Broccoli	Sweetcorn	Farmhouse Vegetables	Spaghetti Hoops	Baked Beans
<b>Dessert</b>	Raspberry Ripple Mousse  Yoghurt Fresh Fruit	Baked Jam Sponge and Custard	Strawberry Cheesecake  Yoghurt Fresh Fruit	Chocolate Ripple Sponge and Chocolate Sauce  Yoghurt Fresh Fruit	Ice –Cream Pot  Yoghurt Fresh Fruit



## Runnymede Nursery Lunch Menu - Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Curried Beef	Battered Chicken Breast	Lamb Burger	Roast Pork and Sage and Onion Stuffing	MSC Breaded Fish Fingers
<b>Carbohydrate</b>	Boiled Rice	Sauté Potatoes	Croquette Potatoes	Roasted Potatoes	Chips
<b>Vegetables</b>	Sweetcorn	Spaghetti Hoops	Garden Peas	Savoy Cabbage	Baked Beans
<b>Dessert</b>	Syrup Sponge Custard Sauce Yoghurt Bar Fresh Fruit	Fruity Flap Jack Yoghurt Bar Fresh Fruit	Blackcurrant Jelly Yoghurt Bar Fresh Fruit	Chocolate Sponge Choc Sauce Yoghurt Bar Fresh Fruit	Rice Pudding Jam Sauce Yoghurt Bar Fresh Fruit

