

Runnymede Lunch Menu Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Minestrone	Tomato And Vegetable	Mushroom	Lentil and Tomato	Cream of Leek
Main Meal	Beef And Potato Pie	Spaghetti Bolognese	Lincolnshire Sausage Lyonnaise	Lamb Lasagne	Breaded Fish Fingers
Vegetarian	Bubble and Squeak with Roasted Red Tomato	Courgette Pepper and Spinach Cheese Crust	Penne Pasta	Cheese and Tomato Croissant	Spinach and Red Onion Pitta Bread Pizza
Carbohydrate	Saute Potatoes	Baby Mids Garlic Bread	Mashed Potatoes	Jacket Wedges	Chips
Vegetables	Fresh Cauliflower Mixed Salad	Sweetcorn Mixed Salad	Farmhouse Vegetables Mixed Salad	Fresh Baton Carrots Mixed Salad	Garden Peas Baked Beans Mixed Salad
Dessert	Ice-Cream Yogurt Bar Fresh Fruit	Apple Crumble and Custard Yogurt Bar Fresh Fruit	Jam and Coconut Sponge and Custard Yogurt Bar Fresh Fruit	Chocolate Fudge Cake And Custard Yogurt Bar Fresh Fruit	Sunshine Rice Pudding Yogurt Bar Fresh Fruit



Also a selection of, salads, sandwiches
available daily

Runnymede Lunch Menu Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Vegetable Scotch Broth	Spiced Red Lentil Soup	Carrot And Corriander	Butternut and Pepper	Cream of Root Vegetable
Main Meal	Salmon Fishcake	Chicken Wrap	Roast Beef Or Shepherds Pie	Tuna and Sweetcorn Pasta Bake	Fish Burger
Vegetarian	Macaroni Cheese with Chives	Mushroom & Courgette Wellington	Yorkshire Pudding Baked Beans And Cheese	Tomato & Basil Quiche	Vegetable Nuggets
Carbohydrate	Saute Potatoes	Potato Waffle	Roasted Potatoes	Jacket Wedges	Oven Baked Chips
Vegetables	Sugar Snap Peas Spaghetti Hoops Mixed Salad	Broccoli & Cauliflower Mixed Salad	Peas with Carrots Mixed Salad	Green Beans Mixed Salad	Peas Baked Beans Mixed Salad
Dessert	Chocolate Mousse Yoghurt Bar Fresh Fruit	Apple Pie with Custard Yoghurt Bar Fresh Fruit	Chocolate Muffin Tray Bake with Custard Yoghurt Bar Fresh Fruit	Toffee Fudge Pudding with Custard Yoghurt Bar Fresh Fruit	Blackcurrant Jelly Yoghurt Bar Fresh Fruit



Runnymede Lunch Menu Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Tomato Soup	Cream of Leek and Potato	Lentil And Tomato Soup	Chicken and Sweetcorn	Parsnip Soup
Main Meal	Char Grilled Chilli Chicken	Turkey Enchiladas	Minced Beef And Onion Pie	Beef Burger Lyonnaise	Fish fingers
Vegetarian	Cheese and Tomato Pizza	Ricotta Spinach and Lentil Lasagne	Ratatouille and Mozzarella Pasta Bake	Broccoli and Cheese Gratin	Vegetable Kebab Medley
Carbohydrate	Saute Potatoes Boiled Rice	Croquette Potatoes	Mashed Potato	Oven Baked Potato Mids	Boiled Rice Oven Baked Chips
Vegetables	Sweetcorn Mixed Salad	Carrots Mixed Salad	Garden Peas Mixed Salad	Coleslaw Roasted Root Vegetables Mixed Salad	Peas Baked Beans Mixed Salad
Dessert	Apple and Pear Crumble with Custard	Marble Sponge with Chocolate Custard	Strawberry Smoothie	Apple & Blackberry Pie with Custard	Chocolate Mandarin Sponge with Custard



A selection salads, sandwiches

Runnymede Lunch Menu Week Four

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Carrot And Corriander	Cream Of Tomato	Mushroom	Cream Of Leek	Broccoli And Potato
Main Meal	Lincolnshire Sausage Onion Gravy	BBQ Pork	Turkey Fajita	Pork Meatballs in Tomato Sauce	Fish Fingers Or Beef Curry
Vegetarian	Vegetable Moussaka Mozzarella Topping	Cheese and Vegetable Pasty	Southern Style Quorn Dippers Salsa Dip	Vegetable Bolognaise	Cheese and Tomato Omelette
Carbohydrate	Mashed Potato	Baby Boiled Potatoes	Saute Potatoes	Pasta Penne	Boiled Rice
Vegetables	Fresh Carrots Mixed Salad	Boiled Rice Baked Beans Green Cabbage Mixed Salad	Farmhouse Vegetables	Garlic Bread Green Beans Mixed Salad	Chips Garden Peas Baked Beans Mixed Salad
Dessert	Apple Sponge With Custard	Raspberry Ripple Ice-Cream	Pineapple upside Down Cake and Custard	Strawberry Jelly	Apricot and Chocolate Crunch Custard Sauce
	Yoghurt Bar Fresh Fruit	Yoghurt Bar Fresh Fruit	Yoghurt Bar Fresh Fruit	Yoghurt Bar Fresh Fruit	Yoghurt Bar Fresh Fruit

